

Faith Messenger

Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

Colony Court Memory & Care Suites: Ann Swenson, Dick Westrum

Colony Court: Ardella Draheim, Nina Youngberg, Leona Quast,

Muriel Jenkins, Fern Papke

Lakeshore Inn: Florence Gutknecht

Latham Place: Liz Corchran, George and Lucille Kubista

Oaklawn Health Care Center: Jim Keller

Koda Living Community: Chuck Youngberg

Prayer Requests from Sunday Worship: Bruce & Deb Hering, Peter & Verna Fog, Marilyn & Dan Possin, Lynne Swenson, Marie Wells, Steve LaMont

Administrative Assistant Summer Hours

Beginning May 30, and continuing through Labor Day, Stacy True, Administrative Assistant, will work summer hours of 9:00 a.m. to 12:00 p.m., Monday through Friday.

Faith Church Gardens

Spring has sprung and the gardening at Faith has begun! Each year we like to add some annual flowers to the gardens and outdoor containers for more variety and color. Donations toward the purchase of the plants would be appreciated. If you would like to help with the cost of the annuals, just put your donation in an envelope marked "church gardens" and put it in the offering plate during worship. Checks should be made out to Faith UMC. Thank you very much!

Clair and Sandy Voshell

Faith Crafters & Stichers

Faith Crafters and Stitchers will meet on **Thursday**, **May 11**, from **1:00 to 3:00 p.m.** In the Fellowship Hall. You are welcome to bring ideas or materials for Bazaar 2017 craft items or your own project to work on. Coffee and snacks will be provided. Haven't been to Crafters and Stitchers before? Consider checking us out. If you have questions, call Sandy Voshell at 835-4122.



UMW Sew-In Day

UMW Sew-In Day will be held **Wednesday**, **May 10** from **9:00 a.m. to 12:00 p.m.** We will be gathering in the Fellowship Hall to make pillowcase dresses. They are so easy and fun to make. Our unit has committed to making 12 dresses for girls in Sierra Leone.

Bring pillowcases (cotton) that will make a pretty dress, and embellishments if you have them. Bias tape is needed for the ties. If you don't sew but would like to serve refreshments, let Sherry Scholljegerdes know.

UMW Unit Meeting

UMW Unit Meeting will be held **Monday, May 15** at **2:00 p.m.** Char Daniels, our Shepherdess, will be with us. She'll be talking about Mission U and answering all questions about UMW. We will be collecting a special offering for Emma Norton Services as they are celebrating their 100th Birthday.

Trustees Meeting

Trustees will meet on Thursday, May 18 at 6:30 p.m in the Lakeview Room.

First Grant Received

In late March Faith church received its first grant from the Waseca Area Foundation that is the result of the Faith in the Future account several of our church members created with the Foundation about a year ago. The amount of this first grant was \$1,042. This will be used to help reduce our 2017 budget shortfall.

The Faith in the Future fund will:

Provide a vehicle for individuals and families of Faith Church to leave a legacy for the long term benefit of the church.

Create an endowment fund to last into perpetuity.

Distribute its earnings to Faith Church to be used as determined by the Church Council or its designee.

Be managed by seasoned professionals.

Accept both small and large gifts.

You can help assure the long term financial stability of Faith Church. Individuals and families are invited to contribute to building this endowment annually or as often as they can. In addition, bequests are actively sought. All contributions to the Waseca Area Foundation for the Faith in the Future fund are deductible from State and Federal income taxes. (Consult your tax advisor.)

For more information, contact Neil Fruechte, Finance Chair or Paul Lohse, Trustee Treasurer.

Nurses Notes -What Is Palliative Care

What is palliative care? Is it hospice? Palliative care is choosing not to have medical intervention to prolong life. It's about dying naturally. Just like birth, the body knows how to die. It is not about withholding comfort measures. Palliative care is about increasing the quality of life, minimizing regrets, reducing suffering and care where the individual wants it. Hospice is the care in the last six months of life. Palliative care precedes hospice. It's a time to maximize doing what one wants to do most, living authentically, surrounded by those one cares about, minimizing symptoms and minimizing regrets.

On April 13th, I attended a conference on palliative care. The speaker was Shirley Otis-Green, MSW from California. One of the phrases she used, "Dying well is really about living well and is individually determined", really hit home with me. Another, "There is no profit in curing the body if in the process we destroy the soul." Samuel H. Golter.

When the doctor tells you bad news (now called "serious" news), what is the first reaction? Usually, you don't hear much after the first couple of sentences. It's hard to take in. It's important to ask for another appointment to discuss the options.

Often the doctor will launch into the litany of therapies that can be done: surgery, chemo, radiation. One of the options that is often not talked about is allowing one to die naturally.

Follow-up questions should be: What will I need to endure with each of these options? How much longer will I have? What will be my quality of life?

Palliative care is an option - ask about it. Doctors are optimistic by nature, oncologists are seven times more optimistic about outcomes with treatment than their counterparts.

"Living as well as you can for as long as you can." (Sounds like John Wesley).

"May the Lord Bless You and Keep You." Numbers 6:24

Your Parish Nurse,

Sherry Scholljegerdes, RN



May 14th is Mother's Day. What a great day to wear a hat to Church in honor of your mother.

Relay for Life Garage Sale

Relay for Life is holding its annual garage sale on **Saturday, May 6**. Donations are needed! Do you have any items you would like to donate to raise money to fight cancer? Please help. All proceeds go to American Cancer Society/Relay for Life. Items needed include furniture, clothes, pots and pans, dishes, jewelry, etc. Cash donations also accepted. If you have any items to donate, please contact Dave Baldini or Vada Dahnert.

Life Line Screening

Life Line Screening, a leading provider of community-based preventive health screenings, will offer their affordable, non-invasive and painless health screenings at Faith United Methodist Church of Waseca on May 30, 2017. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit www.lifelinescreening.com/communitycircle.



- The sign of the promise that God will not destroy the earth with a flood again.
- 5. Noah's name means this
- The number of each unclean animal brought onto the ark
- One of Noah's son
- Noah built one and offered a burnt offering on it after the flood
- 13. The mountain where the ark landed
- The number of each clean animal brought onto the ark

- 17. Two of each kind of these were brought on the ark
- The ark was made of this type of wood
- Nourishment; Noah brought some onto the ark

Down

- 1. An agreement
- The story of Noah and the ark is in this book of the Bible.
- The number of days and night it rained

- 6. He built the ark
- One of Noah's son, the father of Canaan
- Noah sent this bird out; it went to and fro until the waters dried
- 12. The ark had one of these one cubit from the top
- 14. Water that falls to the earth
- 15. One of Noah's son
- An overflowing of water
- 17. The large boat

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BIBLE Word Search: Women in the Bible

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ABIGAIL	EVE	Mary MAGDELINE
BATHSHEBA	HAGAR	RACHEL
DEBORAH	JEZEBEL	RUTH
DELILAH	LYDIA	SARAH
DORCAS	MARTHA	VASHTI
ESTHER	MARY	ZIPPORAH

Instructions:

Find and circle the words shown in all capital letters. Words may be forward, backward, vertical, or diagonal within the puzzle.

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"Engage, Equip, and Empower"

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Come Worship with Us

We have room.

MONTH	LY MEET-UPS:
<u>Elizabeth Circle</u> UMW Elizabeth Circle will meet on Wednesday , May 17 at 2:00 p.m. in the Lakeview Room. Our hostess will be Shirley Hansen with Linda Lohse leading devotions. Guests and visitors welcome.	<u>Ruth Circle</u> UMW Ruth Circle will meet Tuesday, May 9th from 10:30 a.m. to 12:00 p.m. at the parsonage, 800 4th Ave. NE. Ladies if you don't belong to a circle and would like to visit, you are invited! We'll fellowship together, share in a devotion, enjoy refreshments and certainly laugh together. Questions? Call Patrice Waters at 835-2535.